

SAVING OUR OWN SUMMIT 2018

Hosted By:



SHATTERING THE STIGMA

FRIDAY, NOVEMBER 2, 2018
FAIRFAX MARRIOTT AT FAIR OAKS
FAIRFAX, VIRGINIA
7:30 A.M. - 4:30 P.M.
FREE ADMISSION

SCHEDULE
7:30 A.M. REGISTRATION
HOT BREAKFAST PROVIDED
8:30 A.M. START OF SUMMIT
HOT LUNCH PROVIDED
4:30 P.M. CLOSING OF SUMMIT

**CONTACT FAIRFAX MARRIOTT AT FAIR OAKS DIRECTLY: 888-236-2427 TO RESERVE ROOMS
AT YOUR OWN EXPENSE**

REFER TO FCFRD 2018 SAVING OUR OWN SUMMIT FOR BLOCK ROOM RATE



CLINICIAN AND PUBLIC SAFETY TRACKS

- **PTSD AND RESILIENCE**
- **CULTURAL COMPETENCY FOR CLINICIANS**
- **EMPLOYEE ASSISTANCE PROGRAMS SUPPORTING FIRST RESPONDERS**
- **PERFORMING IN HIGH STRESS ENVIRONMENTS**
- **SLEEP DEPRIVATION**
- **TOOLS FOR PEERS TO DE-ESCALATE COWORKERS**
- **CONSEQUENCES OF THE BADGE**



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